

LISTĂ VALORI NUTRIȚIONALE

VALORI NUTRIȚIONALE / 100 G DE PRODUS CATEGORIE / PRODUS	VALOARE ENERGETICĂ		GRASIMI	ACIZI GRASI SATURATI	CARB	ZAHARURI	FIBRE	PROTEINE	SARE	ALERGENI
	Kcal	Kj								
PIZZA										
Pizza Gustosa 500g	287.72	1202.67	12.43	6.26	28.71	2.14	1.42	14.53	0.67	gluten,ou, lactoza
Pizza Mare&Monti 550g	207.39	866.89	6.47	3.56	25.37	1.32	1.07	11.18	0.28	gluten,lactoza, crustacee, ciuperci
Pizza Cotto&Funghi 550g	225.41	942.21	7.78	4.37	26.08	1.68	1.28	12.09	0.89	gluten, lactoza, ciuperci
Pizza Tutto Mare 500g	237.20	991.49	6.85	4.03	28.05	1.32	1.17	15.02	0.32	gluten,lactoza,crustacee
Pizza Focaccia Simpla 230g	269.04	1124.59	0.72	0.11	56.4	0.2	1.99	7.63	0.4	gluten
Pizza Crudo, Rucola&Pomodorini 550g	252.40	1055.03	9.55	5.56	26	1.25	1.19	14.79	0.71	gluten, lactoza
Pizza Al Salmone 450g	368.40	1539.91	18.28	8.97	31.27	4.32	1.02	19	0.71	gluten,lactoza, peste
Pizza Diavola 400g	390.15	1630.83	19.2	9.77	34.97	2.12	1.46	18.46	1.04	gluten,lactoza
Pizza Mexicana 600g	242.70	1014.49	9.9	3.49	25.53	2.06	1.75	12	0.35	gluten,lactoza
Pizza Ortolana 550g	135.36	565.80	0.49	0.054	27.3	2.7	1.9	4.75	1.6	gluten, ciuperci
Pizza Quatro Stagioni 550g	225.73	943.55	8.29	4.35	26.28	1.53	1.5	11.03	1.08	gluten, lactoza, ciuperci
Pizza Ai Formagi 450g	335.51	1402.43	16.21	11.24	29.6	0.49	1.02	16.83	0.45	gluten, lactoza
Pizza Al Tonno 500g	249.89	1044.54	8.63	4.59	29.03	2.03	1.44	14.76	0.96	gluten, lactoza, peste
Pizza al pollo 550g	247.38	1034.05	7.88	4.55	25.77	0.79	1.13	17.8	0.68	gluten, lactoza, ou
Pizza Gyros 550g	257.23	1075.22	9.32	5.28	26.71	2.14	1.41	15.77	0.27	gluten, lactoza
Pizza Focaccia cu Mozzarella 330g	399.51	1669.95	16.93	10.45	40.77	0.82	1.39	20.12	1.09	gluten, lactoza
Pizza Margherita 400g	337.30	1409.91	14.03	8.62	34.86	1.9	1.46	17.02	0.98	gluten, lactoza
PLATOURI										
Platoul Gurmandului (4 pers) 2,5kg	220.96	923.61	12.2	4.46	8.2	2.04	1.22	19.26	1.13	gluten, ou, mustar
Platoul Gurmandului (2 pers.) 1,7kg	162.47	679.12	8.97	3.28	6.03	1.5	0.9	14.16	0.83	gluten, ou, mustar
Platou Mici (4 mici) 200g	359.10	1501.04	27.04	6.88	4.45	2.02	1.31	24.55	3.91	
Platou Grill Le Burger 4 pers. 1400g	240.90	1006.96	9.67	3.08	0.97	2.87	0.13	25.25	0.92	mustar
Platou special pentru 4 pers 2,5kg	162.37	678.71	6.76	2.1	13.6	1.84	0.97	11.41	0.78	lactoza
Antipasto Italia 400g	197.40	825.13	12.98	6.015	2.15	0.27	0.3	17.73	2.32	lactoza
Platou Grill Le Burger 2 pers. 850g	198.38	829.23	7.96	2.54	0.8	2.36	0.11	20.8	0.75	mustar
Feta in stil mediteranean 300g	330.15	1380.03	31.59	9.8	2.08	0.216	1.47	8.84	2.07	lactoza
Platou oriental 600g	135.26	565.39	6.83	0.65	13.25	1.79	2.23	4.24	1.24	naut, lactoza, susan
Platou Bruschete 300g	131.62	550.17	7.32	2.62	10.59	0.66	0.82	5.32	0.51	gluten, lactoza, peste
Crochete de cascaval 300g	306.50	1281.17	19.08	12.08	13.31	0.64	0.45	19.82	1.09	gluten, ou,lactoza
Crochete branza de burduf 250g	265.10	1108.12	14.28	4.5	22.16	6.8	0	11.98	0.88	gluten, ou,lactoza
ASIA TOUCH										
Noodles cu piept de pui si legume 350g	182.37	762.31	1.085	0.362	30.61	13.11	1.102	12.077	2.711	soia,faina de grau(in sos de soia)
Pachetele de primavara 250g	243.85	1019.29	1.52	0	50.08	37.4	0	9	1.76	faina de grau
Creveti picanti cu orez 350g	259.22	1083.54	5.47	0.16	7.3	0.165	1.73	15.78	0.59	crustacee, amidon de porumb, ulei de soia, ulei de susan
Noodles cu legume si creveti 350g	182.82	764.19	0.62	0.214	31.18	12.91	1.04	12.33	2.677	creveti,soia,faina de grau(in sos de soia)
BURGERI										
Le Fish Burger	1270.43	5310.40	67.43	13.32	177.29	19.4	10.56	34.51	4.23	gluten, peste,oua
Blue Cheeseburger XXL 600g	293.27	1225.87	15.75	6.94	33.76	4.03	1.61	13.28	1.42	gluten,ou,lactoza
Ranch Burger 350g	413.00	1726.34	20	7.5	38.5	5.64	2.76	15.79	3.04	gluten,ou,lactoza
Texas Burger 450g	330.34	1380.82	16.68	5.67	62.78	3.39	1.91	13.49	1.99	gluten,ou,lactoza
Oyster Mushrooms Burger 300g	450.93	1884.89	28.89	9.386	51.66	6.23	3.62	12.3	1.87	gluten,ou,lactoza, ciuperci
Mediteranean Burger 450g	335.76	1403.48	21.69	6.53	33.3	3.87	2.22	12.34	4.6	gluten,ou,lactoza
Juicy Lucy 550g	330.33	1380.78	21.13	7.13	37.32	3.98	1.83	14.82	1.41	gluten,ou,lactoza
California Burger 400g	330.36	1380.90	13.39	4.03	47.15	2.36	2.15	19.17	1.51	gluten,lactoza
American Burger 400G	354.16	1480.39	21.77	5.82	50.9	5.24	2.44	12.13	1.9	gluten,ou,lactoza
Gourmet Burger 450g	321.54	1344.04	18.9	3.08	39.88	31.67	14.84	17.54	2.4	gluten,ou,lactoza
Chicken Burger 350g	391.28	1635.55	13.97	3.73	46.06	2.86	3.2	19.92	1.13	gluten,ou
American Burger XXL 550G	328.57	1373.42	20.74	6.62	29.48	24.15	3.04	14.51	1.39	gluten,ou,lactoza
American Hot Burger 420g	342.49	1431.61	20.98	5.82	49.02	29.79	2.43	11.7	1.7	gluten,ou,lactoza
Burger cu somon 300g	360.83	1508.27	16.74	4.18	40.87	1.81	2.72	11.45	0.34	gluten,ou,peste
CIORBE										
Ciorba de ciuperci cu afumatura	79.87	333.86	5.57	3.06	8.79	1.36	0.37	5.12	1.37	lactoza, ou
Ciorba taraneasca de pui	97.56	407.80	3.2	1.26	9.8	1.78	1.46	7.76	0.74	
Ciorba de fasole 300g	72.33	302.34	0.48	0	10.82	1.67	4.49	4.27	1.22	
Ciorba de curcan	99.60	416.33	4.26	1.16	15	1.22	0.68	9.86	0.78	
Ciorba de fasole cu ciolan	100.37	419.55	4.92	1.3	0	0	0	9.22	1.18	
Ciorba de legume	51.75	216.32	3.31	0.55	10.49	1.77	1.5	1.41	0.18	
Ciorba de perisoare	73.20	305.98	4.08	1.66	5.36	1.62	1.016	3.99	0.4	ou
Supa de pui cu galuste	58.83	245.91	1.32	0.39	9.08	0.89	0.74	2.66	0.42	ou
Ciorba de cartofi cu afumatura	82.90	346.52	3.74	0.01	4.81	1.39	0.96	7.34	0.023	
Ciorba radauteana	234.03	978.25	18.73	7.98	6.46	4.43	1.1	10.2	0.18	lactoza, ou
Ciorba cu spanac si bacon	90.73	379.25	5.9	3.26	5.23	1.35	1.06	4.27	0.4	lactoza, ou
Ciorba taraneasca de porc	96.53	403.50	2.57	0.84	8.13	2.67	1.88	10.10	0.06	
CIORBE										
Inghetata 40g	177.00	739.86	7.16	5.9	24.9	24.9	0	3.175	0	
Clatite cu Ciocolata 140g	392.14	1639.15	11.03	5.392	32.41	10.68	0.83	8.42	0.692	gluten,ou, lactoza,poate contine alune
Clatite cu dulceața 140g	330.64	1382.08	3.76	1.62	64.21	40.68	1.25	8.7	0.7	glute, ou,lactoza
Tiramisu Clasic 200g	342.23	1430.52	23.31	13.84	23.12	15.74	0.06	8.04	0.12	lactoza, ou, gluten
Lava Cake 120g	649.72	2715.83	42.03	27.26	52.28	45.09	4.35	10.44	0.2	lactoza, ou, gluten
Tiramisu Fructe de padure 230g	327.24	1367.86	20.32	12.03	50.51	38.12	3.54	13.85	0.21	lactoza, ou, gluten
Cheesecake 180g	414.41	1732.23	31.27	17.13	24.061	10.09	0.36	7.33	0.48	lactoza, gluten
Papanasi 200g	452.36	1890.86	18.37	7.52	54.03	31.78	1.06	15.95	0.56	lactoza, ou, gluten

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	Kcal	Kj								
PASTE										
Pasta Tirolese 300g	286.06	1195.73	12.34	3.4	27.16	1.16	1	15.97	1.52	gluten, lactoza
Penne All'Amatriciana 350g	200.00	836.00	6.74	2.78	23.58	3.42	1.53	10.81	0.89	gluten, lactoza
Tagliatelle Primavera 300g	213.50	892.43	6.7	1.26	29.59	3.023	2	6.23	0.63	gluten, lactoza
Tagliatelle al Salmone 300g	246.92	1032.13	8.84	1.39	26.59	1.22	1.02	9.37	0.6	gluten,lactoza,peste
Spaghetti Bolognese 400g	217.83	910.53	8.8	3.615	20.34	2.3	1.2	10.32	0.13	gluten
Spaghetti Carbonara 400g	238.32	996.18	12.29	3.64	19.92	1.14	0.75	11.5	0.78	gluten,ou,lactoza
Spaghetti con Frutti di Mare 400g	156.49	654.13	1.47	0.375	19.96	1.88	0.99	13.11	0.46	gluten, crustacee
Penne ai Formaggi 330g	301.69	1261.06	16.75	8.29	24.3	1.12	0.9	12.75	0.61	gluten,lactoza
Penne Al Forno 300g	292.93	1224.45	13.6	6.81	25.16	2.51	1.3	16.56	0.26	gluten,lactoza
Penne al Tonno 250g	226.85	948.23	3.86	0.64	31.62	4.01	1.98	15.49	0.63	gluten, peste
Penne All'Arrabiata 250g	162.76	680.34	0.94	0.2	31.78	3.54	1.82	6.09	0.15	gluten
PASTE										
Pasta Tirolese 300g	286.06	1195.73	12.34	3.4	27.16	1.16	1	15.97	1.52	gluten, lactoza
Penne All'Amatriciana 350g	200.00	836.00	6.74	2.78	23.58	3.42	1.53	10.81	0.89	gluten, lactoza
Tagliatelle Primavera 300g	213.50	892.43	6.7	1.26	29.59	3.023	2	6.23	0.63	gluten, lactoza
Tagliatelle al Salmone 300g	246.92	1032.13	8.84	1.39	26.59	1.22	1.02	9.37	0.6	gluten,lactoza,peste
Spaghetti Bolognese 400g	217.83	910.53	8.8	3.615	20.34	2.3	1.2	10.32	0.13	gluten
Spaghetti Carbonara 400g	238.32	996.18	12.29	3.64	19.92	1.14	0.75	11.5	0.78	gluten,ou,lactoza
Spaghetti con Frutti di Mare 400g	156.49	654.13	1.47	0.375	19.96	1.88	0.99	13.11	0.46	gluten, crustacee
Penne ai Formaggi 330g	301.69	1261.06	16.75	8.29	24.3	1.12	0.9	12.75	0.61	gluten,lactoza
Penne Al Forno 300g	292.93	1224.45	13.6	6.81	25.16	2.51	1.3	16.56	0.26	gluten,lactoza
Penne al Tonno 250g	226.85	948.23	3.86	0.64	31.62	4.01	1.98	15.49	0.63	gluten, peste
Penne All'Arrabiata 250g	162.76	680.34	0.94	0.2	31.78	3.54	1.82	6.09	0.15	gluten
PESTE SI FRUCTE DE MARE										
Creveti Saganaki 550g	77.65	324.58	3.42	1.86	2.57	1.03	0.36	8.87	0.74	crustacee
Inele de Calamar Pane 200g	498.17	2082.35	31.95	4.17	23.16	2.27	2.08	30.97	2.48	glutn, crustacee, lactoza
Steak de Ton cu legume 200g	240.02	1003.28	1.3	0.4	25.11	23.99	2.02	31.65	5.97	peste
Macrou la Gratar 350g	219.25	916.47	15.25	3.6	0	0	0	20.48	0.07	peste
Creveti Chef in Sos de Coniac 400g	247.62	1035.05	7.52	1.23	21.62	0.05	0.6	16.32	0.54	crustacee, lactoza, soia
Creveti Le Club cu Usturoi 400g	99.12	414.32	0.96	0.28	5.3	0.75	1.61	14.85	0.54	crustacee
Dorada Mediteraneana 350g	114.93	480.41	1	0.12	5.21	0.85	1.62	17.12	0.7	peste
Fritto Misto 300g	211.06	882.23	17.2	2.13	11.72	1.5	1.35	17.54	1.58	gluten, crustacee
Midii in Sos Rosu 400g	95.16	397.77	1.85	1.06	3.8	1.91	0.47	13.19	0.69	crustacee, gluten
Somon la Gratar cu mix legume 220g	271.47	1134.74	12.77	2.7	13.06	2.4	3.5	25.46	0.8	peste, poate contine ciuperci
Midii in sos alb 400g	88.36	369.34	1.75	1.06	2.98	0.58	0.19	12.7	0.5	crustacee, gluten
Pastrav la gratar 250g/280g	145.20	606.94	3.6	0.78	0	0	0	22.44	0.4	peste
Platou Tutto Mare 1kg	124.10	518.74	1.94	0.6	8.02	1.75	0.94	17.47	0.9	gluten, crustacee
Mix fructe de mare in sos de vin si usturoi 350g	121.28	506.95	6.24	1.8	5.74	0.8	0.54	11.87	0.82	crustacee, lactoza
Cotlet de crap cu mamaliguta 350g	125.40	524.17	3.35	0.62	11.51	0.03	0.63	11.2	0.32	peste

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	Kcal	Kj								
PREPARATE DIN CARNE										
Tigăie Picanta 250G	183.44	766.78	6.98	2.21	7.13	4.63	1.99	19.51	2.44	ciuperci
Snitel Vienez 250g	234.46	980.04	7.84	2.55	18.39	0.14	0.648	20.78	0.45	gluten, ou
Muschi de Vita Grill 200g	155.00	647.90	3.75	1.87	0.62	0.5	0	28.75	0.66	
Piept de Pui Grill 200g	197.50	825.55	4.05	1.26	0	0	0	40.12	0.55	
Gyros 400g	269.93	1128.31	8.4	3.12	29.52	2.94	1.27	17.64	0.06	lactoza, gluten
Strips de pui cu cartofi prajiti 400g	186.78	780.74	5.45	1.12	13.05	0.54	0	20.59	0.32	gluten, ou
Buritto de peste 250g	232.00	969.76	14.13	1.48	9.29	6.04	1.5	9.14	1.15	gluten, peste, ou
Aripioare Picante cu Cartofi Prajiti 450g	291.53	1218.60	14.45	3.84	15.76	1.52	0.03	19.49	1.26	
Buritto Vegetarian 250g	231.52	967.75	6.61	1.04	33.32	3.01	4.24	7.64	0.62	lactoza
Mix Jerusalem 350g	144.08	602.25	6.76	2.88	6.04	2.4	0.428	12.23	0.48	lactoza
Fajitas de Pui 250g	374.29	1564.53	9.06	4.16	36.22	19.06	3.01	37.11	3.22	gluten, soia, lactoza
Tomahawk de porc cu cartofi cuptor 300g	230.00	961.40	12.58	5.18	13.51	1.37	2	16.4	0.53	
Snitel de Curcan 250g	205.66	859.66	2.38	0.34	18.39	0.14	0.64	27.74	1.41	gluten, ou
T-Bone/100g - buc aprox.500g	244.20	1020.76	11.28	4.81	13.068	1.32	1.92	23.34	0.21	
Traversa de Porc Grill Le Club 300g	207.20	866.10	14.8	5.7	2.71	1.65	0.41	15.36	1.51	
Snitel pui 250g	259.66	1085.38	4.42	1.36	18.39	0.14	0.64	35.84	0.45	gluten, ou
Pui cu Smantana 300g	249.76	1044.00	11.34	2.13	8.59	0.11	0.2	27.14	0.48	lactoza
Cotlet porc cu cascaval, bacon 450g	252.71	1056.33	11.81	5.26	17.76	1.55	2.66	18.8	0.91	lactoza
Carne garnita cu oua si muraturi 450g	156.56	654.42	8.12	2.33	6.22	5.07	0	13.5	1.94	ou
Piept de Curcan Grill 200g	130.00	543.40	1.5	0	0	0	0	30	1.25	
Aripioare crispy cu cartofi prajiti 450g	253.00	1057.54	11.26	3.32	23.31	0.52	0.3	4.39	0.05	gluten, ou
Carnati la gratar 100g	264.00	1103.52	22	8.8	1.5	0.4	0	15	1.8	
Oala cu afumatura 1200g	174.39	728.93	7.44	2.07	9.23	3.24	1.4	13.34	1.61	
Tagliatta di vitello cu Rucola&Grana 300g	131.80	550.92	4.31	2.43	2.45	0.33	0.4	21.23	0.6	lactoza
Small Bistro Bucket 600g	267.40	1117.73	11.08	3.04	23.94	4.86	1.44	17.55	0.45	gluten, ou
Burrito de vita 250g	230.81	964.79	8.81	3.32	25.69	1.5	1.1	11.04	0.72	gluten, lactoza
Bistro Buckets 1500g	178.52	746.21	7.78	2.07	9.41	0.61	0	16.26	0.36	
Burrito de porc 250g	327.14	1367.45	18.29	2.86	41.26	5.71	1.6	17.14	1.36	gluten, lactoza
Burrito de pui 250g	277.36	1159.36	7.34	1.57	30.1	1.31	1.12	21.52	0.84	fluten, lactoza
Pulpa de Rata la Cuptor 250g	308.44	1289.28	27.94	7.62	4.96	3.04	1.48	16.44	1.09	
GARNITURI										
Cartofi cu Usturoi si Cimbru 350g	98.57	412.02	0.14	0.028	22.44	1.64	3.428	2.4	0.004	
Ciuperci Marinat 200g	50.77	212.22	0.46	0.07	10.19	3.74	2.62	3.83	0.53	ciuperci
Cartofi Prajiti 200g	398.75	1666.78	21.37	5	46,8/7	0.87	4.37	4.75	1.29	
Salata verde 250g	8.00	33.44	0.072	0	1.48	0.02	0.6	0.5	0	
Cartofi Fry'N'Dip 250g	319.00	1333.42	17.1	4	37.5	0.7	3.5	3.8	1.03	
Legume de Sezon la Gratar 200g	42.00	175.56	0.48	0.06	7.45	3.94	2.96	3.25	1.21	
Cartofi Wedges 200g	398.75	1666.78	21.37	5	46.87	0.87	4.37	4.75	1.29	
Tempura de Legume 300g	260.71	1089.77	19.75	2.34	17.26	1.85	1.43	3.44	1.26	gluten
Orez Basmati 200g	203.21	849.42	0.36	0.015	44.4	6.8	1.27	4.79	1.22	
Broccoli Inabusit cu Usturoi 300g	102.49	428.41	7.67	1.25	3.03	2.71	3.02	3.86	0.22	
Salata de varza 200g	98.29	410.85	7.53	1.22	7.41	3.85	2.1	1.43	0.5	
Castraveti in Otet 200g	42.00	175.56	0.5	0.1	7.6	7.5	0	0.6	1.1	
Legume trase la tigăie 200g	162.55	679.46	14.16	2.29	7.4	4.99	2.72	1.93	1.22	soia
Salata de rosii si castraveti 200g	91.74	383.47	7.64	1.2	5.71	3.43	1.45	1.22	0.45	
Gogosari in Otet 200g	39.00	163.02	0.5	0.4	6.8	6.8		0.6	15.5	
Salata de Ardei Copti 200g	36.00	150.48	0.3	0.1	6.9	6.9		0.8	1.18	
Ciuperci la gratar 200g	74.40	310.99	5.01	0.81	6.09	1.1	2.3	3.31	0.32	ciuperci
Piure de cartofi		0.00								lactoza
Cartofi speciali 250g	386.17	1614.19	22.04	7.11	38.73	0.93	3.55	8.39	0.58	lactoza
Cartofi dulci prajiti 250g	310.40	1297.47	23.4	3	21	4.4	4.3	2	0.48	

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Pizza Gustosa 500g

sos de rosii- corector de aciditate: acid citric, salam picant-zaharuri(maltodextrina, dextroza), potentiator de aroma (monoglutamat de sodiu), antioxidant(acid ascorbic), stabilizatori(difosfati, trifosfati), colorant(acid carminic), sare nitrica(sare, conservanti:nitrit de sodiu),bacon-stabilizatori (difosfati), antioxidant (ascorbat de sodiu), conservant(nitrit de sodiu), sirop de glucoza.

Pizza Mare&Monti 550g

sos de rosii: corector de aciditate: acid citric

Pizza Cotto&Funghi 550g

sos de rosii: corector de aciditate: acid citric

Pizza Tutto Mare 500g

Pizza Focaccia Simpla 230g

Sos gorgonzola 150g

maltodextrină, emulgatori (soia), stabilizatori (E412, E410)

Ciorba de ciuperci cu afumatura

Creveti Saganaki 550g

sos de rosii-corector de aciditate: acid citric; clorura de calciu

Ciorba taraneasca de pui

Pasta Tirolese 300g

speck-dextroza, agent de intarire(clorura de potasiu), conservanti(nitrat de potasiu, nitrit de sodiu), smantana vegetala-maltodextrină, emulgatori (soia), stabilizatori (E412, E410)

Sos Tzatziki 50g

Cartofi cu Usturoi si Cimbru 350g

Sos BBQ Le Club 50g

agent de ingrosare (guma de xanthan), conservant (acid sorbic)

Sos usturoi 50g

maltodextrină, emulgatori (soia), stabilizatori (E412, E410)

Tigaie Picanta 250g

vezi sos de rosii

Snitel Vienez 250g

Ciuperci Marinate 200g

Cartofi Prajiti 200g

Salata verde 250g

Muschi de Vita Grill 200g

Cartofi Fry'N'Dip 250g

Sos rosii 50g

corector de aciditate: acid citric

Legume de Sezon la Gratar 200g

Inele de Calamar Pane 200g

Steak de Ton cu legume 200g

Penne All'Amatriciana 350g

bacon-stabilizatori (difosfati), antioxidant (ascorbat de sodiu), conservant(nitrit de sodiu), sirop de glucoza, sos de rosii-corector de aciditate: acid citric

Platoul Gurmandului (4 pers) 2,5kg

mustar: agent de ingrosare(guma de xantan), acidifiant(acid citric), colorant(beta caroten)

Gulas supa 300g

Macrou la Gratar 350g

Cartofi Wedges 200g

Platoul Gurmandului (2 pers.) 1,7kg

mustar: agent de ingrosare(guma de xantan), acidifiant(acid citric), colorant(beta caroten)

Tempura de Legume 300g

Orez Basmati 200g

sos de soia-agent de ingrosare:guma de guar

Piept de Pui Grill 200g

Tagliatelle Primavera 300g

smantana vegetala-maltodextrină, emulgatori (soia), stabilizatori (E412, E410).

Broccoli Inabusit cu Usturoi 300g

Salata de varza 200g

Inghetata 40g

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Tagliatelle al Salmone 300g

smantana vegetala-maltodextrină, emulgatori (soia), stabilizatori (E412, E410).

Castraveti in Otet 200g

Gyros 400g

Platou Mici (4 mici) 200g

mustar: agent de ingrosare(guma de xantan), acidifiant(acid citric), colorant (beta caroten)

Platou Grill Le Burger 4 pers. 1400g

Le Fish Burger

sos leburger - agent de ingrosare (guma de xantan); acidifiant (acid citric), colorant (beta caroten), conservant (sorbit de potasiu, benzoat de sodiu), acidifiant (calciu disodic)

Strips de pui cu cartofi prajiti 400g

Creveti Chef in Sos de Coniac 400g

smantana vegetala-maltodextrină, emulgatori (soia), stabilizatori (E412, E410).

Legume trase la tigaie 200g

Spaghetti Bolognese 400g

sos de rosii-corector de aciditate: acid citric

Pizza Crudo, Rucola&Pomodorini 550g

sos de rosii, corector de aciditate: acid citric, prosciuto crudo- conservant (nitrat de potasiu)

Buritto de peste 250g

sos leburger :agent de ingrosare(guma de xantan); acidifiant(acid citric), colorant(beta caroten),conservant (sorbit de potasiu, benzoat de sodiu), acidifiant(calciu disodic EDTA)

Spaghetti Carbonara 400g

bacon-stabilizatori (difosfati), antioxidant (ascorbat de sodiu), conservant(nitrit de sodiu), sirop de glucoza, smantana vegetala-maltodextrină, emulgatori (soia), stabilizatori (E412, E410).

Ciorba de fasole 300g

Ciorba de curcan

Blue Cheeseburger XXL 600g

sos leburger-agent de ingrosare (guma de xantan); acidifiant (acid citric), colorant (beta caroten), conservant (sorbit de potasiu, benzoat de sodiu), acidifiant(calciu disodic)

Ciorba de fasole cu ciolan

Ciorba de legume

Platou special pentru 4 pers 2,5kg

maltodextrina, dextroza

Salata de rosii si castraveti 200g

Aripioare Picante cu Cartofi Prajiti 450g

maltodextrină, dextroza

Antipasto Italia 400g

prosciuto crudo : conservant(nitrat de potasiu); salam picant: zaharuri(maltodextrina, dextroza, potentiator de aroma (monoglutamat de sodiu), antioxidant(acid ascorbic), stabilizatori(difosfati, trifosfati), colorant(acid carminic), sare nitrica(sare, conservanti:nitrit de sodiu)

Platou Grill Le Burger 2 pers. 850g

mustar: agent de ingrosare(guma de xantan), acidifiant(acid citric), colorant(beta caroten)

Feta in stil mediteranean 300g

clorura de calciu

Buritto Vegetarian 250g

fasole boabe; antioxidant(acid ascorbic E300), smantana vegetala: maltodextrină, emulgatori (soia), stabilizatori (E412, E410); tortilla : stabilizator(glicerol), corector de aciditate(acid malic), emulsifiant(mono- si digliceride ale acizilorgrasi), dextroza, agent de afanare(carbonati de sodiu)

Salata Greceasca 400g

clorura de calciu

Mix Jerusalem 350g

Ranch Burger 350g

branza cedar topita-saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni)

Fajitas de Pui 250g

sos de soia: agent de ingrosare:guma de guar ; tortilla: stabilizator(glicerol), corector de aciditate(acid malic), emulsifiant(mono- si digliceride ale acizilorgrasi), dextroza, agent de afanare(carbonati de sodiu)

Platou oriental 600g

Tomahawk de porc cu cartofi cuptor 300g

Clatite cu Ciocolata 140g

ciocolata:emulgator (lecitina din soia)

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Pizza Al Salmone 450g

branza Philadelphie-stabilizatori (guma din seminte de carruba), acidifiant (Acid citric)

Spaghetti con Frutti di Mare 400g

sos de rosii-corector de aciditate: acid citric

Texas Burger 450g

sos bbq-agent de ingrosare (guma de xanthan), conservant (acid sorbic)

Clatite cu dulceata 140g

dulceata:acidifiant(acid citric)

Pizza Diavola 400g

sos de rosii-corector de aciditate: acid citric, salam picant-zaharuri(maltodextrina, dextroza,), potenciator de aroma (monoglutamat de sodiu), antioxidant(acid ascorbic), stabilizatori(difosfati, trifosfati), colorant(acid carminic), sare nitrica(sare, conservanti:nitrit de sodiu)

Pizza Mexicana 600g

sos de rosii-corector de aciditate: acid citric fasole boabe-antioxidant(acid ascorbic E300)

Penne ai Formaggi 330g

smantana vegetala-maltodextrina, emulgatori (soia), stabilizatori (E412, E410).

Platou Bruschete 300g

branza Philadelphie: stabilizatori (guma din seminte de carruba), acidifiant (Acid citric)

Pizza Ortolana 550g

sos de rosii: corector de aciditate: acid citric

Pizza Quattro Stagioni 550g

sos de rosii: corector de aciditate: acid citric

Snitel de Curcan 250g

Creveti Le Club cu Usturoi 400g

Dorada Mediteraneana 350g

T-Bone/100g - buc aprox. 500g

Penne Al Forno 300g

sos de rosii-corector de aciditate: acid citric

Salata Vegetariana 300g

Fritto Misto 300g

smantana vegetala-maltodextrina, emulgatori (soia), stabilizatori (E412, E410).

Midii in Sos Rosu 400g

sos de rosii-corector de aciditate: acid citric

Penne al Tonno 250g

sos de rosii-corector de aciditate: acid citric

Pizza Ai Formagi 450g

Penne All'Arrabiata 250g

sos de rosii-corector de aciditate: acid citric

Pizza Al Tonno 500g

sos de rosii: corector de aciditate: acid citric

Traversa de Porc Grill Le Club 300g

Snitel pui 250g

Somon la Gratar cu mix legume 220g

Midii in sos alb 400g

Salata Caesar 400g

smantana vegetala: maltodextrina, emulgatori (soia), stabilizatori (E412, E410).

Pui cu Smantana 300g

smantana vegetala: maltodextrina, emulgatori (soia), stabilizatori (E412, E410).

Pastrav la gratar 250g/280g

Gogosari in Otet 200g

Salata de Ardei Copti 200g

conservant: clorura de calciu.

Tiramisu Clasic 200g

piscoturi-agenti de afanare (carbonat acid de sodiu , carbonat acid de amoniu), sirop de glucoza, arome naturale /mascarpone-corector de aciditate: acid citric

Lava Cake 120g

ciocolata:emulgator(lecitina din floarea soarelui)

Cotlet porc cu cascaval, bacon 450g

bacon : stabilizatori (difosfati), antioxidant (ascorbat de sodiu), conservant(nitrit de sodiu), sirop de glucoza

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Salata Tonno 200g

Salata cu somon si creveti 350g

crema de hrean: amidon modificat, acid citric, metabisulfit de potasiu ,sorbit de potasiu

Carne garnita cu oua si muraturi 450g

Salata Primavera 380g

Piept de Curcan Grill 200g

Tiramisu Fructe de padure 230g

piscoturi-agenti de afanare (carbonat acid de sodiu , carbonat acid de amoniu), sirop de glucoza, arome naturale /mascarpone-corector de aciditate: acid citric

Aripioare crispy cu cartofi prajiti 450g

Cheesecake 180g

biscuiti-sirop de glucoza, agenti de afanare(carbonati de amoniu,carbonati de sodiu)corector aciditate(carbonati de sodiu/ mascarpone-corector de aciditate: acid citric/ ciocolata-lecitina din soia/ frisca vegetala-stabilizatori (guma din seminte de carruba), acidifiant (Acid citric)

Carnati la gratar 100g

stabilizator (acetat de sodiu), dextroza, antioxidant(acid ascorbic)

Crochete de cascaval 300g

Ciuperci la gratar 200g

Piure de cartofi

Ciorba de perisoare

Oyster Mushrooms Burger 300g

sos leburger-agent de ingrosare (guma de xantan); acidifiant (acid citric), colorant (beta caroten), conservant (sorbit de potasiu, benzoat de sodiu), acidifiant (calciu disodic)

Mediteranean Burger 450g

sos leburger-agent de ingrosare(guma de xantan); acidifiant(acid citric), colorant(beta caroten),conservant(sorbit de potasiu, benzoat de sodiu), clorura de calciu

Pizza al pollo 550g

sos de rosii- corector de aciditate: acid citric, maioneza-amidon, antioxidant(:calciu disodic EDTA)

Supa crema de rosii 300g

Cartofi speciali 250g

Juicy Lucy 550g

sos leburger-agent de ingrosare (guma de xantan); acidifiant (acid citric), colorant (beta caroten), conservant (sorbit de potasiu, benzoat de sodiu), acidifiant (calciu disodic)

Pizza Gyros 550g

sos de rosii: corector de aciditate: acid citric

Supa crema de ciuperci 300g

Supa crema de legume 300g

Supa crema de praz cu cartofi 300g

Supa de pui cu galuste

California Burger 400g

ardei jalapenos-stabilizator (clorura de calciu), conservant (sorbit de potasiu), colorant (riboflavina) / sos bbq-agent de ingrosare (guma de xanthan), conservant (acid sorbic), branza cedar topita-saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni)

Noodles cu piept de pui si legume 350g

sos de soia-agent de ingrosare: guma de guar

Pachetele de primavara 250g

sos dulce acrisor:amidon modificat, acidifiant;acid aceticagent de ingrosare: xantan, guar, conservant:sorbit de potasiu

Oala cu afumatura 1200g

Ciorba de cartofi cu afumatura

Cartofi dulci prajiti 250g

agenti de afanare (difosfati, carbonati de sodiu), stabilizator(guma de xantan)

Tagliatta di vitello cu Rucola&Grana 300g

Salata LeBurger cu muschi vita 400g

Creveti picanti cu orez 350g

Papanasi 200g

dulceata-acidifiant (acid citric)

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American Burger 400g

branza cedar topita-saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni) si sos leburger-agent de ingrosare(guma de xantan); acidifiant(acid citric), colorant(beta caroten),conservant(sorbat de potasiu, benzoat de sodiu), acidifiant(calciu disodic)

Gourmet Burger 450g

branza cedar topita -saruri de topire (fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni)/ sos leburger-agent de ingrosare(guma de xantan); acidifiant (acid citric), colorant(beta caroten),conservant(sorbat de potasiu, benzoat de sodiu)

Chicken Burger 350g

sos leburger-agent de ingrosare (guma de xantan); acidifiant (acid citric), colorant (beta caroten), conservant (sorbat de potasiu, benzoat de sodiu), acidifiant (calciu disodic)

American Burger XXL 550g

branza cedar topita-saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni) si sos leburger-agent de ingrosare(guma de xantan); acidifiant(acid citric), colorant(beta caroten),conservant(sorbat de potasiu, benzoat de sodiu), acidifiant(calciu disodic EDTA)

American Hot Burger 420g

branza cedar topita-saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni) , sos leburger si ardei jalapenos

Burger cu somon 300g

sos leburger-agent de ingrosare(guma de xantan); acidifiant(acid citric), colorant(beta caroten),conservant(sorbat de potasiu, benzoat de sodiu), acidifiant(calciu disodic EDTA)

Noodles cu legume si creveti 350g

sos de soia-agent de ingrosare:guma de guar

Pizza Focaccia cu Mozzarella 330g

Pizza Margherita 400g

sos de rosii: corector de aciditate: acid citric

Platou Tutto Mare 1kg

Small Bistro Bucket 600g

Burrito de vita 250g

branza cedar topita: saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni); fasole boabe : antioxidant(acid ascorbic E300); tortilla: stabilizator(glicerol), corector de aciditate(acid malic), emulsifiant(mono- si digliceride ale acizilorgrasi), dextroza, agent de afanare(carbonati de sodiu), conservanti(propionat de calciu, sorbat de potasiu), agent de tratare a fainii

Bistro Buckets 1500g

Ciorba radauteana

Burrito de porc 250g

branza cedar topita:saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni) ; tortilla: stabilizator(glicerol), corector de aciditate(acid malic), emulsifiant(mono- si digliceride ale acizilorgrasi), dextroza, agent de afanare(carbonati de sodiu), conservanti(propionat de calciu, sorbat de potasiu), agent de tratare a fainii

Burrito de pui 250g

branza cedar topita:saruri de topire(fosfati de sodiu, polifosfati,citrati de sodiu), coloranti(extract de ardei rosu, caroteni) ; tortilla: stabilizator(glicerol), corector de aciditate(acid malic), emulsifiant(mono- si digliceride ale acizilorgrasi), dextroza, agent de afanare(carbonati de sodiu), conservanti(propionat de calciu, sorbat de potasiu), agent de tratare a fainii

Pulpa de Rata la Cuptor 250g

ketchup: acidifiant(acid citric), conservanti(sorbat de potasiu,benzoat de potasiu) ; sos de soia:agent de ingrosare:guma de guar; sos de soia

Ciorba cu spanac si baconbacon

stabilizatori (difosfati), antioxidant (ascorbat de sodiu), conservant(nitrit de sodiu), sirop de glucoza

Salata Le Burger cu oua de prepelita 400g

telemea: clorura de calciu

Crochete branza de burduf 250g

Mix fructe de mare in sos de vin si usturoi 350gsmantana vegetala-maltodextrină, emulgatori (soia), stabilizatori (E412, E410)

Cotlet de crap cu mamaliguta 350g

Ciorba taraneasca de porc